



Some Ideas and Suggestions for upcycling and recycling

Quick links to all sites mentioned: (full details further down the page)

GIVE AND MAKEUP <https://www.carolinehirons.com/page-give-and-makeup>

Donations of items to support women in Refuge's.

GONE FOR GOOD – App on either AppStore or GooglePlay store

Donations of items to support various charities – collected by them

<https://goneforgood.org.uk/>

WORK AND PLAY SCRAPSTORE - <https://www.workandplayscrapstore.org.uk/>

Donations of items for onward distribution to charities needing the items.

www.Weavergreen.com – make rugs etc from recycled plastic bottles

www.Layeredlounge.com – make throws etc from recycled plastic bottles

www.Rexlondon.com – make jumbo storage bags, lunch bags etc from recycled plastic bottles

www.ziffit.com and www.webuybooks.co.uk – buy books

<https://www.recyclenow.com/> - on general recycling

<https://www.loveyourclothes.org.uk/> - on upcycling your clothes

www.elvisandkresse.com (**Elvis and Kresse**) – sell items made from decommissioned fire hoses, offcuts of Burberry leather etc.

www.mamoq.com – Make sustainable clothing, including swimwear made from upcycled fishing nets

www.percol.co.uk - for coffee drinkers

www.Betteryou.com is a Yorkshire-based natural health brand with 100 per cent recycled and recyclable packaging. The bottles use ocean-recovered and consumer plastic sourced from the UK.

www.carrdaymartin.co.uk – fly spray and shampoo for the equine

www.garconwines.com – flat wine bottles, made from recycled plastic

<https://uk.lush.com/> - an organic wet wipe for the face made from seaweed

www.wyattandjack.com They want people to post their unwanted inflatables and beach toys to them



GIVE AND MAKEUP

Give and Makeup is a **non-profit initiative** whose sole purpose is to get everyday essentials into the hands of women and children who need them the most. They support Refuge and Women's Aid in the London area. Refuge is a charity that aids women and children escaping domestic violence.

Clothing. Please ensure clothing is clean and nearly new. No unwashed or tatty items. Underwear and bras – new/nearly new please – and most definitely cleaned, vests (for the children), pyjamas, trousers, skirts, tights, socks, shoes, coats, ANYTHING.

Toiletries: toothbrushes, toothpaste, nappies, tampons, sanitary towels, baby bathing products, shower gel, deodorant, body lotion, makeup – all forms of makeup (with the exception of lip glosses and mascara), please do not send *really* old makeup, or lipsticks that are pretty much used up. If you would be embarrassed to give it to a friend, please do not send it to these women.

Toys: All suitable toys for children including books, colouring pads and crayons, puzzles, games, dvds, dolls – anything except imitation guns/weapons and inappropriate films with violent or sexual scenes. No religious material please.

Where to Send:

Please note: any parcel sent without postage or with 'insufficient postage' will not be accepted. Any parcels requiring payment for insufficient postage will either be marked 'return to sender' or destroyed in situ by the post office.

**GIVE AND MAKEUP
PO BOX 855
LONDON
W4 4AW**

GONE FOR GOOD – App on either AppStore or GooglePlay store

The aim is to stop your clutter going to landfill and sent it to charity shops instead, increasing their income, helping their causes, and doubling the stock so that those who rely on charity shops for clothes, furniture, children's toys etc have more to choose from.

A fleet of Gone for Good vans in Central London has been launched, collecting items from multiple people, destined for multiple charities, in a shared and efficient way. These vans are enabled with the latest technology. You can book a time that suits you straight from the app instead of waiting for a phone call from a charity shop. The items are taken from you and delivered to your local charity shop, hassle free. All the vans are driven by ex armed forces service men and women so your donation collection will be helping them get a foothold into civilian employment and be paid a Living Wage.



Gone for Good cont'd

If you're in London in a participating area you can book a collection now by choosing Mind, YMCA, Cats Protection, Children's Air Ambulance, **Royal Trinity Hospice**, Shaw Trust, or Barnardo's in the app. Those charities have been given a little GFG van icon to make them easy to spot. They collect:

1. Good quality clothing which is freshly washed and neatly folded, with no stains, rips or missing buttons.
2. Toys that are clean and fully functional; puzzles which have all their pieces (all relevant toys must have a [CE](#) label).
3. Furniture and soft furnishings with the original [fire label](#) attached – it is illegal for charities to sell items without them.
4. Good condition shoes and boots.
5. Bags and accessories.
6. Books.
7. Music (CDs, vinyl, DVDs, Blu-rays, musical instruments and sheet music).
8. Homewares: china, kitchen ware, ornaments, pictures, collectables.
9. Linen, curtains and blankets (must be clean and in good condition).
10. Wedding dresses and accessories.
11. Jewellery.
12. Valuable items – many charities have other avenues for selling things, such as Ebay.

NOT WANTED

13. Clothes or furniture with rips or stains, broken zips and missing buttons.
14. Chipped dishes and glassware.
15. Books that are missing pages, or games with lost pieces.
16. Broken computers and keyboards.
17. Used undergarments.
18. Weapons or explosive materials.
19. Old paint cans, solvents or chemicals.
20. Car seats, prams, pushchairs, buggies, cots, carry cots, playpens, high chairs or cot mattresses.
21. Soft toys without CE labels.
22. Buoyancy aids, life jackets, inflatable dinghies, inflatable toys for water.
23. Safety helmets – riding hats, crash helmets, cycle helmets.
24. Safety harness of any sort.
25. Fire fighting equipment.
26. Gas appliances, oil lamps.
27. Cigarette lighters and cigarette lighter refill canisters.
28. Knives and scissors.
29. Used pillows (except pillow cases and mattress covers).
30. Cushions, cushion covers and tailored furniture covers (unless fire label is attached).
31. Medical equipment.



Gone for Good cont'd

32. Anything broken, dirty, incomplete or unsafe – nobody wants to inherit your damaged belongings. Please [recycle](#) those instead.

33. Electrical donations

34. Some charity shops do accept electrical items – this is generally the case when they are able to carry out their own electrical safety tests. This is commonly known as “PAT Testing” (or Portable Appliance Testing).

35. However, if your item is broken or faulty and you’re considering replacing it, you may be able to dispose of it when you purchase a new one. Under the [waste electrical and electronic equipment \(WEEE\) regulations](#), retailers have certain obligations to help consumers responsibly dispose of their electrical and electronic waste.

36. You can also try donating electrical items to Smuggler’s Way where they have the facility to repair and restore broken items

WORK AND PLAY SCRAPSTORE

Hazelhurst Estate, 13 Blackshaw Road,
London SW17 0DA, 020 8682 4216

Opening times: Tues 11.30am – 8pm,
Thursdays 11am-5pm

A registered charity since 1987, they believe in re-use for environmental, community and artistic benefit. For over thirty years they have operated as a broker supplying donated clean and re-useable surplus/waste materials otherwise destined for incineration, landfill or long-term storage to a wide range of groups such as schools, charities, community groups, arts organisations, students and families.

They offer a range of services including:

- [Membership](#) providing unlimited access to our general arts and crafts resources .

- Individual and group / corporate [volunteering opportunities](#)

List of supplies they always like to receive

NB: all supplies need to be in a clean, re-useable state

1. Art supplies - e.g. paint brushes, paint pallets, pastels
2. Baubles
3. Beads
4. Black-out material
5. Bottle corks (clean)
6. Bottle tops (washed thoroughly)
7. Buckles
8. Business cards (must be blank on one side)
9. Buttons
10. Canvass
11. Card (plain and coloured, clean)
12. Cardboard rolls
13. Carpet samples (clean)
14. Cork board
15. Cotton reels
16. Crepe paper
17. Crystals
18. Cushions
19. Dice
20. Drapes
21. Dress fabrics



Work and play Scrapstore cont'd

22. Dressing up costumes (clean)
23. Empty and dry plastic water bottles
24. Empty and dry plastic milk bottles
25. Ex-window display - art items - e.g. decorations, props, fake flowers, bunting
26. Fabric swatch books
27. Fake fur
28. Fake flowers/greenery
29. Fake grass (clean off-cuts or end of roll)
30. Felt
31. Fine electronic wires and cables
32. Fine mesh
33. Flexible plastic tubing of various diameters (e.g. hoses, water appliance tubing)
34. Flipchart paper
35. Foam
36. Foam board
37. Furniture trimmings
38. Gems
39. Glitter
40. Greetings cards (used if one side has no writing on it and is pretty/clean and new)
41. Hooks
42. Items from costume makers and designers/fashion designers
43. Items from haberdashery manufacturers
44. Jars - clean and empty
45. Jewellery (especially beads)
46. Knitting needles
47. Lace
48. Lino off-cuts (unused)
49. Leather
50. Mannequins
51. Mosaic tiles
52. Nails
53. Needles and thread
54. Novelty items – e.g. mini toys, mini jokes, crackers
55. Office stationery - e.g. plastic wallets, pencils, rubbers, paper clips
56. Paint brushes, pallets, rollers (in good, clean condition)
57. Paper (plain and coloured, clean)
58. Paper in rolls
59. Perspex
60. Picture frames
61. Pipe cleaners
62. Plain paper bags - small/medium (clean and unused only. Others should be recycled)
63. Plastic bottle tops (only if clean)
64. Plastic containers - small/beakers (only if clean)
65. Plastic offcuts – rolls of
66. Plastic tubes
67. Plastic table coverings/sheets (clean)
68. Polyester
69. Pom poms
70. Postcards (not used)
71. Precision springs
72. Ribbon
73. Screws
74. Sequin waste
75. Sequins
76. Sewing thread
77. Sheet Foam
78. Shirt fabric
79. Silk
80. Small cardboard boxes
81. Small plastic boxes
82. Sticky paper
83. Sticky-back plastic
84. Straws
85. String
86. Tacks
87. Tester pots of paint
88. Theatrical costumes
89. Theatrical props
90. Tile samples (not used, not covered in grout)
91. Tin-foil (clean)



Work and play Scrapstore cont'd

92. Tissue paper

93. Twine

94. Upholstery fabric

95. Voiles

96. Wadding

97. Wallpaper (whole rolls and ends of rolls)

98. Wallpaper swatch books

99. Wood - small off-cuts without splinters

100. Wool

This is not an exhaustive list. If in doubt about the suitability of supplies ask their Store Assistant, Office Manager or General Manager

List of supplies they do not accept

1. Lever arch files. We are no longer able to accept these as people no longer take them from us due to everything being computerised.
2. Polystyrene. Our members do not take polystyrene for their projects
3. Second-hand books (with the exception of children's good quality books)
4. Bric a brac
5. Clothing
6. Furniture
7. Household recycling
8. Old electronic equipment unless in small clean pieces (e.g. wires, widgets, screws)
9. Large pieces of cardboard/cardboard boxes
10. Tin cans
11. Food containers
12. Children's toys, particularly large toys

They do not accept anything better suited to a charity shop, a furniture re-use scheme or a recycling plant.

Please do not give them things that are not on their list. If given these items they then have to pay for their waste removal costs and as a small, unfunded charity this is a challenge for them.

If you know of groups that would benefit from using items that have been donated, then contact them to find out what you need to do to become a member.

If you have quite a few things to donate it might be a good idea to join up with friends and/or neighbours and do a regular donation trip to the Work and Play store. Or organise a collection from Gone for Good. If you can share a car trip amongst a few people, that's even better for the environment.



A few suggestions where you can Purchase items made from recycled things

Elvis and Kresse – they use decommissioned fire hoses, parachute silk, printing blankets used by printers, auctioneer banners, coffee and tea sacks, shoe boxes and off cuts/scraps of leather from Burberry to make a variety of products from purses, handbags, wallets, belts, to flooring, travel bags etc. They aren't cheap, but it is a costly business recycling fire hoses!

Mamoq.com - Sustainable clothing, including swimwear made from upcycled fishing nets. Mamoq strive to work with those who source and manufacture within Europe, supporting local industries. The brands work with natural biodegradable materials, grown without the use of toxic chemicals or pesticides such as cotton, linen or wool, which all will naturally decompose at the end of their life.

Brands work with materials grown without the use of toxic chemicals or pesticides. This helps to limit the negative impact of farming on our ecosystems and personal health and all Brands have been thoroughly vetted, and officially verified by a third party- organization. Examples include Fairtrade, Oeko-Tex, or GOTS certified organic.

Brands use recycled or up-cycled materials instead of raw, virgin materials. This limits the environmental impact of production, reduces landfill waste, and inspires creativity.

Weavergreen.com - From waterproof tote bags to washable rugs, the range of beautiful, soft, handwoven textiles look and feel like wool, yet are easy to clean, hard wearing and can be used indoors or outdoors. All of the products are made entirely from recycled plastic bottles meaning not only do they look and feel amazing, they're cleaning up the planet too.

Silentnight Eco Comfort pillow – made from recycled plastic bottles. Supposedly very comfortable! Each one made from roughly 17 plastic bottles.

Layeredlounge.com – Some gorgeous herringbone throws made entirely from recycled plastic bottles, approx. 300 go into making every throw. These throws feel as soft as wool. Stain resistant, machine washable, they are also superb for allergy sufferers as moths and dust mites loathe them! So if you have a pet or you love your red wine, or both, then snuggle up in this sumptuous throw. You won't need to worry if you spill any!

Rexlondon.com – jumbo storage bags, lunch bags and laundry bags. Great variety. Some are made from recycled plastic bottles, others from recycled plastic

SHAMPOO etc Natural World superfood for hair. Free from parabens, mineral oil, phosphates, gluten, dyes, SLS, SLES, Silicones. Other products too. Available from Tesco

For **COFFEE DRINKERS** there' www.percol.co.uk . Percol supports the Rainforest Alliance and the Soil Association. Their beans are hand-picked at source and freshly roasted in the UK. They're the UK's first coffee company to go plastic-free and also Carbon-neutral certified. They're the first coffee brand to receive the 'Plastic Free Trust Mark' from A Plastic



Planet. You'll start to notice the Plastic-Free logo on their new home compostable Ground, Beans and Coffee Bag packaging from November 2018. Their aim is to give customers a Plastic-Free option, without compromising on price.

www.betteryou.com is a Yorkshire-based natural health brand which has spent 12 months developing 100 per cent recycled and recyclable packaging. The bottles use ocean-recovered and consumer plastic sourced from the UK. The company expects the change will remove 14 tonnes of plastic from the oceans in 2019 — as much as 2.8 million plastic bags. They find ingredients that are absorbed well and utilised by the body and search for ingredients that are food sourced and 100% natural. Their formulations are designed to be universally acceptable and wherever possible the products are suitable for those on vegetarian, vegan, coeliac and diabetic diets. Their products utilise the fastest and most reliable delivery mechanisms available including transdermal magnesium therapy and sublingual vitamin deliver

www.carrdaymartin.co.uk Carr & Day & Martin makes products such as fly spray and shampoo for the equine world (and holds a royal warrant to supply saddlery care products to the Queen). They decided to lead the way with plastic alternatives in this market. By switching packaging from plastic to aluminium for all equine spray products, the company is now 77 per cent plastic free.

www.garconwines.com Wine bottles by post! The flat bottles are made in Suffolk from pellets produced by the household recycling system, from 100 percent recycled plastic, then dyed green. And is itself recyclable. The bottle has environmental benefits both in terms of production (you can recycle one plastic bottle 20 times before you match the carbon emissions generated by the production of one bottle made from glass) and transport (for delivery, there's an 87 per cent weight saving and a 40 per cent space saving).

<https://uk.lush.com> — a wet wipe' which cleans your face but decomposes naturally when disposed of. 'Lush was concerned about the fact that make-up removing wipes were being flushed away and causing blockages in sewers. The result '7 to 3' wipe, a thin disc of spongy material made from seaweed, which foams up when wetted. After use, the pad can be rinsed and put aside to dry naturally, then re-used until it starts to break down and can be put in the household food bin.

www.wyattandjack.com have saved around 40 tonnes of plastic fabrics from landfill — 15 tonnes in the past six months alone. They set up an 'inflatables amnesty' which asks anyone to post their unwanted inflatables and beach toys to them to save them from landfill. Each product carries a tag declaring its provenance and asks purchasers to send the bag back at the end of its life so the fabric can be repurposed again.

Last summer, beach rangers in Dorset collected unwanted inflatables to send to Georgia and her team. In return, the bags are being sold through National Trust shops in the area



(items cost from £5 to £125). Inflatable Amnesty Collection Point, No.8 Union Street, Ryde, Isle of Wight PO33 2DU

Some charity shops have too many books, and don't want any more. If you want to try to sell some of your books and don't want to try Amazon, Ebay etc, then there is www.ziffit.com and www.webuybooks.co.uk . There are other companies too online who buy books.

Other ways to get cash for your unwanted items and recycle them:

- Iceland – 10p for each plastic bottle placed in their reverse vending machine
 - Ocado – 5p for every plastic bag given back
 - H&M, Manki and M&S – 10% discount voucher for unwanted clothes.
 - M&S loyalty points under its shwapping scheme
 - £5 for M&S clothes donated to Oxfam
 - Pret a Manger – 50p off coffee if you take your own reusable cup
 - Costa and Starbucks – 25p off coffee if you take your own reusable cup
 - Tesco – clubcard points for recycling printer ink cartridges
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If you have items that are unsuitable to donate to charity, don't rush to throw them in the bin. There are several avenues available that help prevent stuff ending up in landfill:

<https://www.recyclenow.com/>

With so many clothes being sent to landfill, and you want some other ideas on what to do with them, the site below has lots of suggestions.

<https://www.loveyourclothes.org.uk/>

Don't forget you can now send your used plastic bottles to recycling WITH THE LIDS ON! As long as you crush the bottle first.

And don't forget to see our other two page Recycling document which includes Food Waste etc

Thank you

VLD March 2019